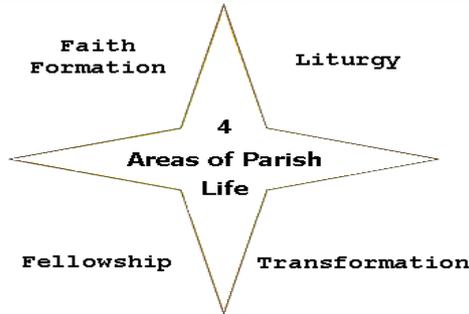




Our Lady of Victory
490 Charles Street
Gatineau, Québec
J8L 2K5



St. Malachy
3889 Route 315
Mayo, Québec
J8L 3Z8

5th SUNDAY OF LENT
APRIL 6 - 7, 2019

Sunday 9:00 AM	Celebration of the Eucharist	Saturday 7:00 PM
<p>Pastor Father Albanus Ogowuihe Rectory 490 Charles Street, Gatineau, Québec, J8L 2K5 Office Admin. Monique Simpson Email olv@videotron.ca Office Hours Monday - 9:00 am - 12:00 pm Wednesday - 9:00 am - 11:00 am Thursday - 1:00 pm - 4:00 pm Telephone (819) 986-3763 Website www.stmalachyolv.com</p>	 180, boul. Mont-Bleu Gatineau (QC) J8Z 3J5 www.diocesegatineau.org	

MASSES

Tuesday	Apr. 9 th	OLV @ 7:00 pm	Penitential Service
Thursday	Apr. 11 th	OLV @ 10:00 am	All Parishioners of OLV & St. Malachy
Saturday	Apr. 13 th	St. Malachy @ 7:00 pm	All Parishioners of St. Malachy & OLV
Sunday	Apr. 14 th	OLV @ 9:00 am	Peter Burke by Country Club 2000 Bill Weir & Julia Martin by The Family Linda Allen by Family & Friends

WEEKLY RECEIPTS	OLV	ST. MALACHY
Mar 30 - 31, 2019 - Sunday Offering	\$420.00	\$327.00

Monthly Prayer Intentions of Our Bishop April 2019

Let us pray that in this period of joy and renewal, our life and the life of our communities be radiant with the Life and Joy of the Risen Christ.

Social Reflection: Spring at last! A time of resurgence! Store displays are overflowing with colours. Stores are mindful of Easter: eggs, chocolate rabbits and hens. Besides such commercial showcase, we must not forget that the Resurrection of Christ means that death has been overcome by love. We must be witnesses of that love for all people we meet.

An Answer for our Faith: Easter is a symbol of renewal. Something new is happening with resurrection, like nature which springs to life. How does this Resurrection life help us to turn to the core of our faith? How does it help us to better identify our true value and the resources of our parishes? And most of all, how can we share such inventiveness in our environment?

Questions I ask myself: I can only say that forgetting all that lies behind me, and straining forward to what lies in front, I am racing towards the finishing-point to win the prize of God's heavenly call in Christ Jesus. (Paul to the Philippians 3, 13-14)

Neither do I condemn you, said Jesus. Go away, and from this moment sin no more. (John 8,11)

I think about my own perception of holiness: personal merit? God's grace?

Reflections on the Sunday Liturgy (from the Synodal Process)

5th Sunday of Lent

Many people are looking to lose weight at some point in their lives - they go on a diet and start to work out in order to achieve an ideal weight. Well before reaching their goal, they will notice differences. They sleep better at night, have more energy, tire less quickly, and are in a good mood. Even their friends and colleagues will notice these changes: "Have you lost weight? You seem fit?" These first positive results are encouraging and renew the determination to reach the ideal weight.

Holiness is a little like that. We know that perfect holiness will only be attained after death when God transforms us completely in His love. For now, we strive towards this holiness we try to cooperate with the Holy Spirit who is at work in us.

Like St. Paul, we forget what is behind us and, like a long-distance runner, we move towards the goal that is set out before us. In striving towards this goal, we are transformed and holiness is settling in us. We become more and more like Christ in our love for the Father and in our love for our brothers and sisters.

People might take note: "You have changed. You are happier than before. You think more about others. Looks like you've found your place in life." This is the effect of the grace that radiates within us without our noticing it. We grow in holiness. This path of holiness is offered to every Christian. All of us are called to holiness, for we are all called to live perfectly in the love of God. We all strive for the same goal.

When Jesus says to the woman caught in adultery, "Neither do I condemn you", He frees her from the burden of her sin, guilt and sorrow. But Jesus goes further, He gives her a goal: "Go sin no more" and she can answer this invitation because she has experienced forgiveness, she knows she is loved.

Let me tell you about a sociology experiment that made headlines in education. At the beginning of a school year, a third-grade teacher was told that the group of students she would have that year was exceptional – were smarter and more talented than average. The second teacher was told that her group would be weak, less talented and less intelligent. In fact, the two groups were quite normal, but the researchers wanted to know if the attitude of the teachers would have an impact on student outcomes. What do you think happened? The students of the first teacher all exceeded expectations, while the students of the second all performed poorly. This experiment demonstrates to what extent the trust that the other person has or does not have in me can influence my results.

Jesus trusted in the adulterous woman. He does not judge her; on the contrary, He invites her to give herself an elevated ideal, to change her life. He does the same for everyone, each of us. Not only does He forgive us our sins, He calls us to stand up again, to take the road again and to grow in His love. Made stronger by His trust in us, we can strive for holiness.

Many people looking to lose weight join a group that shares the same goal. It is easier to encourage yourself and stay true when you are not alone.

In the same way, it is easier to strive for holiness and to grow in the spiritual life when surrounded by people who share the same ideal. At the Sunday Eucharist we meet with brothers and sisters to remind us of the reason for our hope, to encourage each other in our walk towards the Lord, to turn together to the God who calls us to go to Him.

Let us trust each other. Let us not be afraid to rely on our brothers and sisters to support us. Let us be a community that radiates more and more the light of Christ. Together, let us draw closer to the Lord.



Share the journey with Syrian refugees in Lebanon

Since the war broke out in Syria in 2011, some 12.5 million Syrians have had to flee their homes. **Development and Peace** partner *House of Peace (HOPE)* is working to build bridges between Syrian refugees and their host communities in Lebanon.

On this Solidarity Sunday, we extend a warm thank you for your generosity. Your donation will help our sisters and brothers across the world, from Colombia all the way to Lebanon, Nigeria, and elsewhere! Thank you for helping us build a world of peace and justice, where no one will be forced to flee their home!

OUR LADY of VICTORY & ST. MALACHY NEWS

Penitential Service: *Will be at OLV on Tuesday, April 9 at 7:00 p.m.*



St. Malachy's parish is holding a Fundraising Event for the upkeep of the Church.

Draw will be held Easter Sunday after mass at St. Malachy.

1st prize will be a beautiful **acrylic painting of "Three Tulips"** painted by Lucie Miller (professionally framed). **2nd prize** is a **handmade afghan in Ecru with burgundy and burnt orange yarn** crocheted by Brenda Miller.

Tickets are **\$2 each** or **3 tickets for \$5** and available from the Wardens of St. Malachy. .